What is Cocaine Anonymous

We are a fellowship of cocaine addicts who meet together to share our experience, strength, and hope for the purpose of staying sober and helping others to achieve the same freedom. Everything heard at our meetings is to be treated as confidential. There are no dues or fees of any kind. To be a member you only have to want to quit and show up. We also exchange phone numbers, and give and seek support from one another between meetings.

We are all on equal footing here. There are no professional therapists offering treatment, and no one "runs" the group. Everyone in these rooms is here because he or she has a desire to stop using cocaine. We are men and women of all ages, races, and social backgrounds, with a common bond of affliction. Our Program, called the Twelve Steps of recovery, is gratefully borrowed from Alcoholics Anonymous, whose more than 50 years of experience with alcoholism teaches us that the best human help an addict can receive is from another addict. Some of us may first come to C.A. while in a treatment program or seeking individual psychotherapy. We say "Fine, do whatever works for you." We don't pretend to have all the answers, but experience has taught us that a recovering addict will almost always certainly relapse without the ongoing support of fellow addicts.

We welcome newcomers to C.A. with more genuine warmth and acceptance in our hearts then you can probably now imagine - for you are the life blood of our program. In great part, it is by carrying the message of recovery to others like ourselves that we keep our own sobriety. We are all helping ourselves by helping each other.

Phone Numbers

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CA Daily Meetings
(Updated Sept 10, 2022)

Winnipeg

MONDAY

Paradise (Men's Recovery Group) (C)
1420 Portage Ave - 6:30 pm

Hope, Faith and Courage (O)
450 Lilac St. - 8:00 pm

TUESDAY

Hope, Faith and Courage (C)
450 Lilac St. - 8:00 pm

WEDNESDAY

Ounce of Courage - (C) except Birthdays
130 Nassau st. Entrance on North parking lot door - 6:30 pm

THURSDAY

The Unity Group - (C) except Birthdays
613 St Mary's Road - 6:30pm

FRIDAY

Ounce of Courage - (C) except Birthdays
130 Nassau st. Entrance on North parking lot door - 6:30 pm

SATURDAY

The Unity Group - (C)
613 St Mary's Road - 6:30pm

Paradise Coed Group (C)
1420 Portage Ave - 6:30 pm

SUNDAY

A New Freedom Group (C)
127 Cobourg Ave. - 6:30 pm
(Gordon King Memorial Church)
Last Sunday of the month - Birthday/ Speaker (O)